

# Fountain of Christ Ministries

For in you is the fountain of life; in your light we see light  
Psalm 36:9



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## Mission Team

## Travel Manual

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Dear Team Members,

As you prepare for your upcoming short term mission trip with Fountain of Christ Ministries you will be required to read this manual completely. It will answer most of the questions you have concerning the travel team and the mission field you will be serving on.

Your preparation to serve the Lord will not only be physical, but you will have to prepare spiritually, emotionally, and mentally.

**You will be serving as part of a mission team and will be required to adhere to Fountain of Christ's policies and to the decisions of the team leaders.**

We are happy about you being a part of this ministry. We are here to provide for Christians wanting to serve the Lord and to experience one of the most needy and open mission fields in the world.

Fountain of Christ Ministries

## Travel Expenses

Team members can raise extra funds through their local church or organization to assist with specific team projects. Fountain of Christ Ministries relies on additional contributions to help defray costs in construction and other ministry endeavors.

Trip Expense \$1,600.00 per person (*Approx. subject to change per airline*)

Trip Expense from Florida \$1,200.00 per person.

*This cost may vary with several family members traveling to Haiti on the mission field.*

### Additional Personal Expenses

Meals in Miami & Port au Prince

Church Offerings

Souvenirs

Misc. Beverages

Gifts to the poor

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## Financial Policies For Travel Teams

### **A. CONTRIBUTION DEDUCTABILITY**

Fountain of Christ Ministries is a non-profit 501(C)(3) corporation. All contributions made payable to Fountain of Christ Ministries are tax deductible and a receipt will be sent to the address on the check. This would include checks you or your supporters send to Fountain of Christ Ministries for your mission trip.

All travel team money is accepted on a donation basis. In order for this donation to be deductible the check(s) must be made out to Fountain of Christ Ministries. Please do NOT make any other notations on the check. All checks must be accompanied with a separate note stating for whom the funds are intended.

Certain out-of-pocket expenses related to your mission trip may be tax deductible. We cannot issue a receipt for these expenses. You should keep accurate records and documents for the IRS. You might want to consult a tax preparer for advice concerning this matter.

### **B. CANCELLATION POLICY**

Tax deductible contributions are **NOT refundable by IRS regulations**. It is not possible to refund payment received for team trips. If, due to illness or a family emergency, you are unable to go on the mission trip, and you have already made payment(s), you may exercise the following options:

- \* Your money can be used in the travel team's budget
- \* You can go with a future team, within one year's time
- \* You can designate another person to go in your place on a future trip within 1 yr.
- \* You can designate your trip money directly to the Children's Center

The airline applies cancellation penalties and these dollar amounts cannot be recovered at any time, by any one.

Airline tickets purchased at a later date will always be based on current day prices.

### **C. OVERPAYMENT OF TRIP EXPENSES**

Overpayment of trip expenses is NOT refundable. For example: if a person turns in \$2000 worth of support checks for a trip that only costs \$1500, the \$500 difference is **NOT refundable due to IRS regulations**, as the funds were received on donation basis.

**D. BILLS INCURED ON THE FIELD**

NO insurance is provided by Fountain of Christ Ministries, as it would greatly increase the trip cost. If you feel the need to have insurance coverage, you should contact your insurance carrier concerning coverage in a foreign country.

Medical facilities are available in most areas. Each person is responsible for ALL doctor and/or hospital bills incurred due to their individual health.

Fountain of Christ Ministries will not be held financially responsible for injury to operators and/or passengers in any of its' vehicles, or any other vehicle used. All operators and/or passengers travel at their own risks.

**TICKETING**

Fountain of Christ Ministries will arrange your airline ticketing through an independent travel agency. By doing this we can usually achieve lower group rates.

# Travel Requirements

## Registration and Release Forms

Each person is required to sign travel registration and release form, which indicates they will follow Fountain of Christ Ministries' established policies, and accept established financial arrangements.

## Travel Documents

**These are a “MUST HAVE” in order to travel in and out of two countries!**

You are **required by law** to have the following three pieces of identification:

1. Passport
  2. Second piece of identification
  3. A landing card
1. A passport shows proof of U.S. citizenship & is required to enter Haiti and to return to the U.S.
  2. The second piece of ID must have is your photograph, and your name, and your address on them valid and acceptable. Examples of this second ID are a driver's license, a student ID card, and a state or country ID card.
    - Carry your second piece of identification separate from your passport.
  3. Your landing card will be given to you during your flight in Haiti. This card is required by Haitian immigration. Also, you must have this card to leave the country. We are not kidding! Do NOT lose this card, especially if you plan to return to the United States!

## Prescriptions, Immunizations and Over the Counter Medicine

No immunizations are required to enter Haiti, but Fountain of Christ Ministries **recommends** each person to have a tetanus/diphtheria update within the last ten years.

Many vaccines are available to prevent infectious diseases. Here is a list of the most common vaccines suggested for people traveling to Haiti. Consult your physician.

1. Immune Serum Globulin (ISG): to prevent Hepatitis A
2. Tetanus-Diphtheria: last dose within 10 years
3. Oral Polio
4. Influenza
5. Thyroid
6. Measles
7. Hepatitis B
8. A single dose of Meningitis vaccine in adulthood

Your need for these vaccinations depends on your control of the food and water you consume as well as your childhood illnesses and immunizations. If you choose to get a vaccine, it is recommended you do so at the earliest possible date. That way you will have time to recover from any possible side effects.

It is also recommended you carry a prescription for controlling diarrhea. Check with your own doctor for this. (Some physicians prescribe *Septra* for the treatment of “travelers’ diarrhea.”) Example of over the counter drugs for “travelers’ diarrhea” are *Imodium AD*.

Chloroquine phosphate (brand name Aralen <sup>TM</sup>) is the current recommended drug for those traveling to Haiti. If you or your doctor have questions, contact a Travel Clinic.

It is always wise to consult with your physician before making a mission trip. Since your physician is responsible for your primary health care, let him/her know where the Lord is sending you. Consult with your physician immediately upon your return from the mission field if you have been ill, or have experienced any health related problems.

Other helpful items would be insect repellent containing DEET, and personal first aid items such as Tylenol, Roloids, etc..

### **Losses**

Fountain of Christ Ministries and/or its agents are not responsible for any team member’s lost or stolen money, lost or stolen or damaged property, lost or stolen or damaged luggage, or any other lost or stolen or damaged items.

### **Loss of Airline Tickets or Documents**

Each person is responsible for the safe keeping of his/her airline tickets and documents. In the event they should become lost, it is the responsibility of the individual to replace them at his/her own expense.

# General Team Information

## Health And Hygiene

**Water** - do NOT drink any of the water in Haiti unless it has been filtered and/or approved by your team leader. Hotel water is NOT necessarily approved for consumption...**restaurant is an exception.**

**Ice** - same as water...ok to have at hotel

**Fluids** - to prevent dehydration, drink plenty of SAFE fluids. You will need more fluids than you are used to at home.

**Soft drinks** - soft drinks are safe to drink. Always clean top of the bottle with a *Wet One*.

**Food** - do not purchase or consume any food items sold in the street. You can get food poisoning from street vendor food in many foreign countries. NEVER eat fruit that has a broken skin. Always obtain a team leader's approval before eating local fruit.

**Wet Ones** - they are handy when there is no purified water for washing.

**Toilet Paper** - Bring your own! Recommended is two rolls for a ten day stay.

**Shoes** - Never go barefoot. Socks are recommended. Bring two pair of shoes: one good pair of walking/working shoes and one pair for church - tennis shoes or sandals. We recommend close toe sandals.

**Sun Screen** - The temperature is about 90 degrees and the tropical sun is extreme and hot. Sun protection and hat are recommended.

**Eyewear** - You should have an extra pair of glasses, or the very least, the necessary accessories to repair your glasses.

## Living Accommodations

**Housing / Bathing / Toilets:** Depends on each trip and size of group. This information will be covered at a group meeting. (fill information according to meeting below)

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## **Clothing**

Daytime temperatures are between 80 & 90 degrees. Bring cool, comfortable clothing.

Haiti's culture is different from ours. It is important that, out of respect for the Haitian people, and their perception of Christianity. We are ambassadors of Christ and we do not want to offend or cause anyone to stumble. No questionable emblems or signs or pictures on any clothing (ex. beer, cigarettes, tobacco, rock groups, etc.) You are required to follow all clothing guidelines during your stay in Haiti, including any recreational time, as well as entering and exiting the country.

### **MEN AND BOYS**

- Jeans, slacks, pants, (shorts **only** within mission walls)
- Underwear - always
- Short sleeve shirts, T-shirts, no rips, tears or holes...**no tanks or sleeveless**
- Shoes, two pair, one for physical work and one for evangelizing and church
- Always wear a shirt

### **WOMEN AND GIRLS**

- Skirts or jumpers, light weight dresses, hems are to be **BELOW** the knee - this means below the knee when sitting as well as standing
- Dress and shirt sleeves must cover the shoulder, nothing sleeveless
- Modest blouses and/or T-shirts, **no plunging necklines** or anything that could be remotely misconstrued as sexually suggestive. **Crew neckline advised.**
- **Nothing see-through or tight fit**
- No sun dresses, tube tops, slacks, jeans, midriff tops, bra-less, or tight fitting clothing
- You may want to wear pants UNDER your dress at construction
- Undergarments - always
- Shoes, two pair, one for physical work and one for evangelizing and church

### **SLEEPWEAR**

- Cool and comfortable, nothing see-through or skimpy
- Pajamas, sweats, full length nightgowns - all acceptable
- Women, housecoat or bathrobe is advisable
- No sleepwear at devotions

### **CONSTRUCTION**

- Bring clothes that wash easily and don't show soil readily
- Recommend you bring two or three sets of work clothes

### **EVANGELISM AND CHURCH SERVICES**

- Wear nicer clothing; ordinary, casual Sunday clothes are the norm
- Men may want to bring a tie
- Dress shoes

**Remember: Keep MODESTY in mind when selecting clothes for the mission field. Anything less will NOT further the cause of Christ. Wear T-shirt style shirts with high neck lines. No tight shirts hugging curves.**

You may disagree with these clothing rules because other ministries may allow it, Fountain of Christ does NOT allow it. If you don't agree then please don't go.

**Makeup And Jewelry**

Makeup and jewelry are a sign of American affluence. In order to have more influence during your stay in Haiti, **please** leave these items at home.

Women.....Makeup - If you wear makeup, *recommended* to keep to bare minimum

Jewelry – In moderation

Men.....No makeup, no earrings

**Tattoos – You MUST keep all tattoos covered with clothing.**

**Laundry**

Haitian women, for a small fee, may do some of the laundry. Bring an extra bar of soap for personal laundry. Laundry is washed by hand and dried in the sun.

**Bedding**

Based on accommodations. \_\_\_\_\_  
\_\_\_\_\_

## **What NOT to bring**

- \* Military style clothing
- \* Bikini or skimpy swim suit
- \* Tight clothing with “poured-in” look
- \* Short dresses
- \* Shirts with ripped out sleeves
- \* Ragged clothing
- \* Switchblades or hunting knives
- \* Electric items (ex. curling irons, hair dryers, razors, etc.)

## **Miscellaneous Information**

### **Devotions**

Evening devotions are done as a group. Each team member must attend devotions at the time given. Everyone will have an opportunity to share. This time together helps bind the group together in the unity of Christ.

### **Currency**

U.S. currency is acceptable in Haiti. It is not necessary to exchange your money for Haitian currency. Haitian currency is based on the gourde. Five gourdes = one Haitian dollar. Do not bring travelers checks; you will NOT be able to cash them. Bring cash in SMALL bills; ones, fives and tens, nothing over a twenty.

Theft occurs on rare occasions. Keep your money secure. NEVER “flash” large amounts of money in a crowd.

### **Picture Taking**

NEVER EVER take pictures in a custom area. When photographing people, or their homes, ALWAYS ask their permission. Please be sensitive to people’s feelings, and the extreme poverty. You do not want to offend anyone, even slightly. Always use good and proper judgment.

### **Smoking And Drinking**

No alcoholic beverages will be permitted while on the field, in Haiti with Fountain of Christ Ministries.

## **Conduct**

Conduct is to be that which is expected of a Christian person; willing to give and take in order to maintain a spirit of unity within the group. Group members should be polite and courteous to all people we come in contact with, nationals, group leaders, and group members.

If a person creates a serious problem within the team, he/she may be required to return home to the states immediately. The team leaders have the authority to make this decision if they feel it is necessary. This will be done at YOUR expense.

## **Do Not Leave The Team**

Team leaders are responsible for the whereabouts of all team members. If someone leaves the group there may be unexpected dangers. Being alone in a foreign country is NEVER advisable. Always let your team leader know where you are, and always travel in groups of three or more.

Married Couples - Use your good judgment. Modest forms of affection are allowed.

## **Good Communication**

Good communication is essential for preventing and for solving problems. If you have any concerns or problems during your trip, do not hesitate to talk to the **TEAM LEADERS**. It is important to us that you have the best possible experience on the mission field.

## **Culture**

Haitian culture is different from American culture. While you are in Haiti you will be in the spotlight. It is our responsibility as visitors to adjust to Haiti's culture rather than expecting them to adjust to ours. Remember that we are representing Christ. People will base their feelings on Christianity upon what they see you do and how you act.

## **Etiquette**

- Always be polite and friendly
- Use "Madam" and "Messieurs" when speaking with adults
- Greet people on the streets with "bonjour" (good morning) or "bonswa" (good afternoon)
- Young Haitian men and women can misconstrue the friendliness of a young man/woman as "love". Be careful, be friendly, but **absolutely NO flirting of any kind**, not even the "harmless" kind.

## **Invitations**

- Do NOT invite any Haitian people to the US
- It is almost impossible for the Haitian people to obtain passports or visas
- Friendly comments like "You should come visit my church" or "I wish you could see...." can, and most likely will, be misconstrued as an actual invitation to join you when you return to the states.
- Many a national pastor/leader has been lured away from the ministry to which God called him because of well intended invitations to the states.

## **Government**

Never discuss politics or speak of government problems while in Haiti. You could be asked to leave your host country simply by making a few political statements.

We are working to change individual lives, which in turn will have the power and potential to change the entire nation.

## **Political Situation**

Should we feel the political situation warrants, we retain the right to cancel the mission trip and reschedule it for a later date.

## **Begging**

Beggars may approach you. Please refrain from giving money to them unless you discern a real need and the Lord prompts you. Some children consider begging a game, while other beggars are professionals. Do not arbitrarily give anything away. **Please check with your team leader first** as how to do this in an APPROPRIATE way. We do not want to create a mob scene nor do we want to offend others.

## **Shopping**

During your stay in Haiti you may have an opportunity to do some souvenir shopping. Most of these items are unique to Haiti. Be prepared to bargain. Most nationals ask three to five times the actual selling price because haggling for the final purchase price is normal.

## Packing

Varies by trip. Will be covered at meeting. (Normally 25 pounds person)

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### Packing Check List

#### General

- King James Version Bible - keep it in your carry on for traveling
- Notebook (for devotions, daily journal, etc)
- Passport, certified copy of your birth certificate, voters registration
- Second form of ID such as driver's license
- 2 - 3 sets of work clothes - as described earlier
- 1 - 2 sets dress clothes - as described earlier
- 2 pair of comfortable shoes
- 4 - 6 changes of underwear
- 4 - 6 pair of socks
- 1 small pillow, if needed and if space allows
- Mask(s)

#### Personal

- |   |   |
|---|---|
| <input type="checkbox"/> Deodorant                            | <input type="checkbox"/> 2 roll toilet paper  |
| <input type="checkbox"/> Soap & shampoo                       | <input type="checkbox"/> Sunscreen  |
| <input type="checkbox"/> Toothpaste & toothbrush              | <input type="checkbox"/> Mirror   |
| <input type="checkbox"/> Individually wrapped <i>Wet Ones</i> | <input type="checkbox"/> Ladies be sure to bring <u>everything</u> you might need, plus extra |
| <input type="checkbox"/> Comb, brush                          | <input type="checkbox"/> Other  |
| <input type="checkbox"/> Shaving gear                         |   |

#### Other Necessities

- Flashlight with extra batteries and bulb - LED is best
- Bug spray - something with DEET is recommended
- Canteen or a one quart container for carrying your water
- Work gloves
- Garbage bags
- Medications, bring whatever you take at home, the team leader should be aware of any medications you are taking - if you might need it, bring it, there aren't any drug stores
- Band-Aids (just in case)
- Ear plugs, Haiti can be noisy at night
- Camera, extra film (or memory) and batteries

## **Preparation**

The Lord has a plan for every member of the mission team, whether you are old or young, male or female, rich or poor. The important thing to Him is that you do the best job you can. As you prepare for the trip, pray that the Lord would show you how He wants to use you. The following are some examples of areas of ministry that individuals can be involved in. If your ministry requires special materials, or aids, please bring them with you.

### **Evangelism**

Haitian church services - You will have an opportunity to share a scripture, your testimony, singing, or even preaching. Bible skits and group songs are very acceptable.

Children's groups - You may want to prepare a puppet show, Bible skit, musical presentation, or use flannel graphs. Whenever possible, choose material that represents the black culture.

Visiting homes - Pray and think about how you might share the gospel with the Haitian people.

Praying for the sick - Many times prayer and a little love will do a lot in the way of restoring health to a sick person. We have seen God work many miracles in Haiti.

Talking to people we encounter – Be friendly, introduce yourself, smile, show a genuine interest, build a friendship, build a relationship, pray that God will touch their lives. Listen, don't be pushy, but sincerely care for the person.

'Tongues' – There will be absolutely NO 'tongues' on grounds or off grounds for any reason. We do not agree with the act.

### **Physical Needs**

As we prepare for the trip, pray that God would show you how to help the poor and hungry people in this area.

We may be collecting summer clothes, shoes, medical supplies, and school supplies during the period before our trip.

When medical personnel are on our team, and if the situation arises, we may hold temporary medical clinics. Any team member may assist medical personnel with medical assistance and/or praying for the sick.

### **Teaching**

There may be opportunities to visit local schools, hospitals, and teach a short Bible class.

Bible classes can be held at the local church in the evenings for women & men.

There may even be opportunity to teach a pastor's conference where 50 to 150 local pastors attend.

## **Construction**

Normally a project will be in progress when our group is in Haiti. All persons can be involved in construction with a little training.

Maintenance work needs to be done on buildings and vehicles. Repairs and project planning can be done.

All types of talents are needed to get the job done. If you have any special skills, please let us know about them so we can make necessary plans.

## **Team Unity – It Is Important**

For a ministry team to be effective, all members of the body must function as a group, for the glory of God. We are many members of one body, with different skills, goals, visions, and abilities. God has created people to join together to be stronger and more effective.

**1 Corinthians 12:18** But now hath God set the members every one of them in the body, as it hath pleased him.

**1 Corinthians 12:25-27** That there should be no schism in the body; but that the members should have the same care one for another. And whether one member suffer, all the members suffer with it; or one member be honoured, all the members rejoice with it. Now ye are the body of Christ, and members in particular.

## **Basic Qualities Needed**

There are some basic qualities that team members need, and some things we need to guard against to be effective members of the body.

You must have a desire to see God glorified.

**John 15:7-8** If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

You must be willing to give of yourself.

**II Corinthians 9:8** And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

You must be a servant.

Luke 22:27 For whether is greater, he that sitteth at meat, or he that serveth? Is not he that sitteth at meat? But I am among you as he that serveth.

### **Things To Guard Against**

- **Pride** – James 4:6 But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.
- **Selfishness** – 1 Corinthians 10:24 Let no man seek his own, but every man another's wealth.
- **Competition** – Philippians 2:3 Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves.
- **Annoyances** – 1 Corinthians 13:4-5 Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;
- **Conflict** – 1 Corinthians 9:19 For though I be free from all men, yet have I made myself servant unto all, that I might gain the more.
- **Impatience** – Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;
- **Frustration** – Giving up – Philippians 4:13 can do all things through Christ which strengtheneth me.

Here are some helpful thoughts to use when dealing with adversity while on the mission field.

- Adhere to your Team Leader
- Be faithful in the little things.
- Thank God He understands even if we don't.
- Look for the good in others.
- Forgive! Forgive! Forgive! Forgive!
- Keep a sense of humor.
- Keep the team leaders in your prayers.
- Pray for the team members.
- Keep the goals of the whole team in mind.
- Practice self-discipline.
- Be patient, Haiti runs at a much, much slower pace.
- Do the best you can, in all things!
- Try to understand others.
- Practice humility.

## **Working with Other Ministries**

Not all organizations will have the same vision and focus as Fountain of Christ Ministries. That does NOT make them anymore, or less, important. Christ has a job for each organization. It is the combined efforts of the body of Christ in the world that counts.

When working side by side with other ministries we must maintain the value system of Fountain of Christ Ministries. We do not try to copy or keep up with other ministries. God has a job for us all. We are not against what others are doing just because God has not called us to do the same thing at this time. As Christians serving the same Lord, we never criticize other ministries, but we stand behind them in believing for God's best in their ministry. II Timothy 2:10-11, 23

Fountain of Christ Ministries has their own rule set and, in many cases, will not be like other Ministries. You can disagree with FOC, but you need to follow the rules, or feel free to stay home.

## **Typical Daily Schedule**

This is intended as a possible schedule to give you an idea of how a typical day may go.

- 06:30 Everyone Rise and shine
- 07:30 Breakfast
- 08:30 Work begins and evangelistic preparations
- 09:00 Evangelistic teams hit the field
- 12:30 Lunch (snack) and rest time
- 01:30 Work and evangelism continues
- 05:00 Dinner
- 07:00 Group devotions
- 08:00 Optional evening activity
- 10:00 Bed time
- 11:00 Lights out everyone

\*\* Times subject to change depending on trip and/or activities of the day

### **Concerning The Daily Schedule**

During the day, if you become hot or tired, just stop and rest, and drink plenty of water.

Each evening you are required to attend group devotions. During these times you can share a little bit with the group concerning things you are experiencing on your trip. Devotions is also a good time to get to know each other and share any problems or blessings you may be having.

**Typical Items Needed For Ministry Work: Will be covered for each individual trip.**

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**Thank you very much!**

**Mesi!**

# Creole

The official language of Haiti is French. Creole is a variation of French mixed with a little Spanish, English, and Caribbean Indian. This introduction to the language gives a sample list of commonly used Creole words. Read through them and memorize the Courtesy Words.

## Pronunciation Guide

### General guidelines

a ..... bar

é ..... hay

i ..... need

o ..... note

ou ..... move

### Consonants are pronounced

as in English except for

j ..... zh

g ..... get

ch ..... shop

r ..... w

### Accent mark over a vowel

denotes a nasal sound

a e i o u

Gender - There is no gender in the Creole language

Verb Conjugation - put the proper tense marker before the verb

### **Tense Markers**

Present (tense)..... --

Progressive ..... ap

Past ..... té

Future ..... va

Past Progressive ... tap

Conditional ..... ta

### **Examples**

châaté ..... sing, to sing

ap châaté ..... singing

té châaté ..... sang, did sing

va châaté ..... will sing

tap châaté ..... was singing

ta châaté ..... would sing

## Pronouns

I, me .....mwé

You (singular) ..... ou

He, she, it ..... li

we ..... nou

you (plural) ... nou

they ..... yo

Contactions are often used, especially with pronouns, and future and progressive tenses.

Mwé va = I will

Mwé ap = I am \_\_\_ing (singing, going, etc)

Li va = He will (she will, it will)

Li ap = He is \_\_\_ing (leaving, raining, etc)

Yo va = They will

Ma = I'll

Map = I'm \_\_\_ing (singing, going, etc)

La = He'll (she'll, it'll)

Lap = He's \_\_\_ing (leaving, it's raining, etc)

Ya = They'll

Questions - As in English, use inflection in your voice. Begin the sentence with "Eské". Eské ou va châaté? Will you sing? or Are you going to sing?

When asking a “journalistic question” you may begin the sentence with the normal Creole word,.

What ... ki, kisa

Why ... pouki, pouki sa

When ... ki lè

How ... kômâ

Which ... kél, ki, ki-és,

Who ... ki moun

Where ... koté, ki bo

Courtesy Words

**Memorize this section**

Hello (a.m.).....	bôjou	1 ... ê
Hello (p.m.).....	bôswa	2 ... dé
Goodbye .....	orévwa, babay	3 ... twa
Please .....	souplé	4 ... kat
Thank you .....	mèsi	5 ... sêk
You're welcome ..	padikwa	6 ... sis
Excuse me .....	èskimé-m, padô	7 ... sèt

When “one” is used as a pronoun it is pronounced “youn” i.e. “Mwé vlé youn” or “I want one.”

Commonly Used Words For The Short-Term Missionary

Much ... âpil	Up ... âwo	Not good ... pa bô
God ... Bô Dié	Below ... âba	Beautiful ... bèl
Jesus ... Jézi	Stop ... rété	Boy ... gasô
Holy Spirit ... Sêtéspri	Hot ... cho	Girl ... fi
Love (verb) ... rêmê	Ice ... glas	People ... moun
Love (noun) ... amou	Can ... kapab	Kids ... ti moun
Church ... légliz	Fever ... la fiév	Everybody ... tout moun
House ... kay	Mr. or Sir ... msié	Easy ... fasil
Wait ... tân	Mrs. or Ma'am ... madâm	Difficult ... difisil
Ask, beg ... mâdé	Yes ... wi	Little ... piti, ti
Need ... bézwê	No ... nô	Big ... gwo
Want ... vlé	Work ... travay	Smile ... souri
Food ... mâjé	Build ... bati	Sing ... châté
Thing ... bagay	Come ... vini	Water ... dlo
Hungry ... grâgou	Go ... alé	Cold ... frèt
Bible ... Bib	Put ... mété	Sand ... sab
Sick ... malad	Here ... isit	Cement ... simâ
Mouth ... bouch	There ... la	Let's ... ânou
Open ... ouvri	Good ... bô	Cannot ... pa kapab
Close ... fêmê	Better ... pi bô	Finish ... fini

### Conversational Sentences

How are you?

What is your name?

My name is \_\_\_\_\_.

How old are you?

I am fine.

How much is that?

Kômâ ou yé?

Kômâ ou rélé?

Mwé rélé \_\_\_\_\_.

Ki laj ou gê?

Mwé biê.

Sé kôbié?

I can't speak Creole.

I don't understand.

Where do you live?

Do you know Jesus?

Jesus loves you.

I will pray for you.

God bless you!

Praise the Lord!

How do you say that?

Don't do that.

Mwé pa ka palé Kréol.

Mwé pa kôprân.

Koté ou rété?

Eské ou kôné Jési?

Jézi rêmê ou.

Ma prié pou ou.

Bô Dié béni ou!

Béni swa létèné!

Kômâ ou di \_\_\_\_\_?

Pa fê sa.

## Songs

### “Mwé gèyè jwa”

Mwé gèyè jwa, jwa, jwa, jwa  
Âdédâ ké mwé, âdédâ ké mwé  
Âdédâ ké mwé  
Mwé gèyè jwa, jwa, jawa, jwa  
Âdédâ ké mwé, âdédâ ké mwé  
Âdédâ ké mwé  
Pou toujou.

I have the joy, joy, joy, joy,  
Down in my heart, down in my heart  
Down in my heart  
I have the joy, joy, joy, joy,  
Down in my heart, down in my heart  
Down in my heart  
For always to stay.

---

### “Ala-m kôta”

1. Ala-m kôta Jézi rêmê mwé  
Ala-m kôta Jézi rêmê mwé  
Ala-m kôta Jézi rêmê mwé  
Glwa alélouya Jézi rêmê mwé  
2. Sa pa fé-m âyê la si Satâ rayi mwé

1. I am so happy Jesus loves me  
I am so happy Jesus loves me  
I am so happy Jesus loves me  
Glory alleluia Jesus loves me.  
2. It does nothing to me if Satan hates me

---

### “Loué, Loué”

1. Loué Loué glwa a Jézi  
Péché nou éfasé  
Loué Loué glwa a Jézi  
Péché nou éfasé

1. Praise, praise, glory to Jesus  
our sins are completely taken away  
Praise, praise, glory to Jesus  
our sins are completely taken away

Chorus

Loué loué loué. Amen! Alélouya!

Praise, praise, praise. Amen! Alleluia!

---

### “La vi”

1. La vi, la vi, la vi pou tout tâ  
Jézi sé la vi, la vi pou tou tâ  
La vi, la vi, la vi, pou tout tâ  
Jézi sé la vi.

1. Life, life, life forever more  
Jesus is the life, the life for evermore  
Life, life, life forever more  
Jesus is the life.

Chorus

Chât alé louya...chât alé louya  
Jézi sé la vi pou tou tâ  
Chât alé louya...chât alé louya  
Jézi sé la vi.

Sing alleluia, sing alleluia,  
Jesus is the life, the life for evermore  
Sing alleluia, sing alleluia,  
Jesus is the life.

**REGISTRATION AND RELEASE FORM**  
Please Print Neatly

Participant Information

Your Name \_\_\_\_\_  
(Exactly as it appears on your passport)

Passport # \_\_\_\_\_

Home Address \_\_\_\_\_

E-mail: \_\_\_\_\_

Day phone#: \_\_\_\_\_ Evening phone #: \_\_\_\_\_

Name of emergency contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ E-mail: \_\_\_\_\_

Day phone #: \_\_\_\_\_ Evening phone # \_\_\_\_\_

Your doctor's name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Doctor's e-mail: \_\_\_\_\_

Medical Information

Do you have any special medical conditions that might cause a problem during your time on the mission field (Allergies, blood pressure, etc.)? If yes, specify.

Do you have any special dietary needs? If yes, specify.

List all prescription medication you are taking.

Insurance carrier \_\_\_\_\_  
(Make sure your policy covers you out of the U.S.)

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

Insurance Contact Name \_\_\_\_\_ Phone # \_\_\_\_\_

(continued on next page)

## AGREEMENT / WAIVER

In the event of a medical emergency, I hereby authorize the staff or employees of Fountain of Christ to render first aid/or obtain whatever medical treatment he/she deems necessary for my welfare. I further understand and agree that I will be financially responsible for all charges and fees incurred in the rendering of said treatment regardless of whether my medical insurance would cover such charges and fees.

I am aware of the hazards and risks, to myself and property, associated with this mission trip. These risks include, but are not limited to, death, injury by accident, disease, terrorist acts, weather conditions, and inadequate medical services and supplies. I accept these conditions with full awareness and I assume all risks of death, injury, illness, terrorist assaults and personal property loss or damage associated with such risks.

I attest and certify that I am physically fit and have no medical conditions that would prevent me from performing my assigned duties which may include long hikes, high altitude, heat, and limited or infrequent meals. I am aware of the disease risks associated with foreign travel and I accept these risks.

I have read this manual and am fully aware of the rules listed in this manual and am subject to correction when needed by team leaders and am aware of consequences that will follow if I choose not to follow them. I am fully aware that if my trip has been booked, I cannot get a refund if I do not or cannot go on the trip.

I waive any and all claims for damages against Fountain of Christ Ministries, their leaders or their agents, arising from death, accident, injury, illness, inconvenience, or in property damage or loss occurring as a result of this mission trip for any reason including but not limited to any negligent act or acts of Fountain of Christ Ministries leaders or their agents which may in any way cause death, injury, illness, inconvenience or property damage or loss to me. I have read this release in its entirety, understand its contents and agree to them of my own free will.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone Number: \_\_\_\_\_ ALT. Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_